

# Mihama

Teriyaki/grill



**On Rice:** choice of white or brown steamed rice.

**Plate:** white or brown rice & *salad* or *steamed vegetables*.

**Salad:** green-leaf with red and green cabbage, dressed with our sesame vinaigrette.

**Steamed Vegetables:** fresh steamed to order broccoli, cauliflower, carrot and zucchini.

## TERIYAKI: Flame Grilled

*Flame-Grilled and topped with Mihama's Teriyaki sauce.*

	<u>ON RICE</u>	<u>PLATE</u>
Chicken (leg/thigh or breast).....	5.80	7.50
Double Chicken.....	9.75	10.75
Beef (sirloin).....	7.15	8.85
Double Beef.....	10.70	12.40
Mihama(chicken & beef).....	9.90	11.60
Ginger Chicken (Mihama's ..... <i>Teriyaki with fresh grated ginger</i> )	5.80	7.50
Ginger Beef.....	7.15	8.85
Tofu (marinated in soy, <i>sherry, mirin, curry</i> ).....	5.35	7.05

## SPICY: Flame Grilled

*Marinated In: soy, sugar, sesame oil, ginger, garlic & chili paste.*

*Dipping Sauce: soy, rice vinegar, sugar, sesame oil, chili paste, garlic & cayenne.*

	<u>ON RICE</u>	<u>PLATE</u>
Spicy Chicken (breast).....	6.10	7.80
Spicy Double Chicken.....	9.35	11.05
Spicy Beef (sirloin).....	7.45	9.35
Spicy Double Beef.....	11.00	12.70
Spicy Mihama (chicken & beef) ..	10.50	12.20
Spicy Tofu.....	5.65	7.35

## SPICY SALAD

*Served on a large bed of green salad. Topped with a blend of our spicy sauce /sesame dressing.*

Chicken(breast).....	7.50
Beef.....	8.85
Tofu.....	7.05

## TEMPURA VEGETABLES

*Vegetables dipped in a flour-egg batter and fried in canola oil.*

*Topped with Mihama's Teriyaki*

	<u>ON RICE</u>	<u>PLATE</u>
Tempura Teriyaki.....	5.55	7.25
<i>carrot, onion, green bean, zucchini, sweet potato &amp; butternut squash</i>		

## UDON NOODLES

*Japanese wheat noodles in a fish stock soup broth with green onions.*

Plain.....	5.30
One topping.....	6.70
Two toppings.....	7.90

Toppings:

Chicken, Beef, Tempura Vegetables, Steamed Vegetables, Kim Chee, Tofu

## CHICKEN- KATSU

*Chicken breast breaded in Panko (Japanese bread crumbs) fried in canola oil & drizzled with Katsu sauce.*

	<u>ON RICE</u>	<u>PLATE</u>
Chicken.....	7.05	8.75
Double Chicken.....	10.30	12.00

## CURRY

*Mild yellow Japanese curry sauce with potatoes, onions & carrots*

	<u>ON RICE</u>	<u>PLATE</u>
Vegetable.....	5.80	7.50
<i>(green bean, rutabaga, green peppers, mushrooms)</i>		
Chicken.....	5.80	7.50

## SEAFOOD: Flame Grilled

*Basted with soy-mirin, topped with Mihama's Ginger teriyaki Sauce & a side of our tarter sauce*

	<u>ON RICE</u>	<u>PLATE</u>
Snapper Fillet.....	7.65	9.35
Salmon Fillet.....	10.60	12.30
<i>(Atlantic farmed Salmon)</i>		
Salmon Patty.....	6.00	7.70
<i>(Wild Salmon ground with rice &amp; spices)</i>		

## SEAFOOD: Fried

*Lightly breaded in Panko (Japanese bread crumbs), fried in canola oil & served with our house cocktail or tarter sauce.*

	<u>ON RICE</u>	<u>PLATE</u>
Oysters (4).....	7.90	9.60
Fish (snapper).....	6.30	8.00
Shrimp (5).....	7.90	9.60
<i>Side order Shrimp (5)...6.65</i>		

Please add 5% for the Ashland Food & Beverage Tax

Please add 25¢ per take-out container.